

Georgia Medicaid Housing Supports for Behavioral Health



DBHDD

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**GEORGIA DEPARTMENT OF BEHAVIORAL HEALTH &
DEVELOPMENTAL DISABILITIES**

Office Of Medicaid Coordination & Health System Innovation

November 2015

CMS Final Rule: Medicaid HCBS

TO ENSURE THAT INDIVIDUALS RECEIVING
LONG-TERM SERVICES AND SUPPORTS
THROUGH HOME AND COMMUNITY BASED
SERVICE (HCBS) PROGRAMS UNDER THE

1915(C),



1915(I) AND ✗

1915(K) ✗

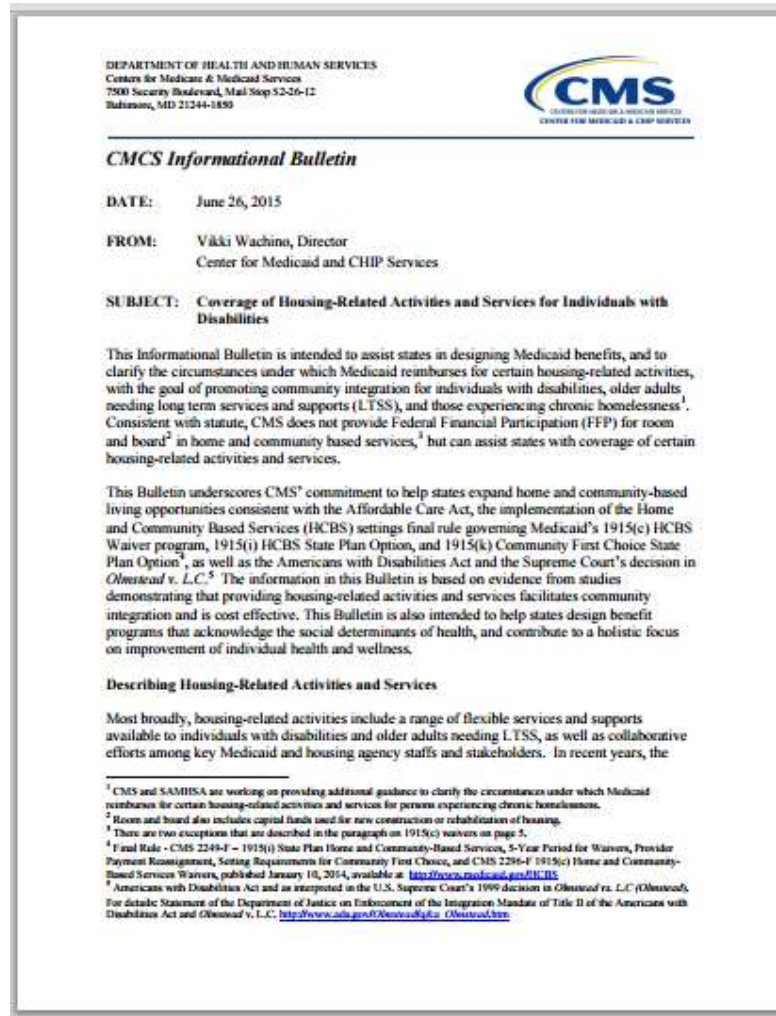
MEDICAID AUTHORITIES HAVE FULL
ACCESS TO BENEFITS OF COMMUNITY
LIVING AND THE OPPORTUNITY TO RECEIVE
SERVICES IN THE MOST INTEGRATED
SETTING APPROPRIATE

Georgia's Transition Plans for HCBS

- https://dbhdd.georgia.gov/sites/dbhdd.georgia.gov/files/related_files/site_page/GA%20DCH-Overview%20of%20HCBS%20Regulations-The%20Basics%209.3.14.pdf
- <https://dch.georgia.gov/waivers>

CMS: Coverage of Housing Related Activities and Services

- CMS SMD Letter
 - June 2015
 - Names supporting types of interventions
 - Names supporting CMS mechanisms



Supporting Interventions

Individual Housing Transition Services:

Housing transition services provide direct support to individuals with disabilities, older adults needing long term services and supports, and those experiencing chronic homelessness. These services are:

- ❖ Conducting a tenant screening and housing assessment that identifies the participant's preferences and barriers related to successful tenancy. The assessment may include collecting information on potential housing transition barriers, and identification of housing retention barriers.
- ❖ Developing an individualized housing support plan based upon the housing assessment that addresses identified barriers, includes short and long-term measurable goals for each issue, establishes the participant's approach to meeting the goal, and identifies when other providers or services, both reimbursed and not reimbursed by Medicaid, may be required to meet the goal.
- ❖ Assisting with the housing application process. Assisting with the housing search process.
- ❖ Identifying resources to cover expenses such as security deposit, moving costs, furnishings, adaptive aids, environmental modifications, moving costs and other one-time expenses.
- ❖ Ensuring that the living environment is safe and ready for move-in.
- ❖ Assisting in arranging for and supporting the details of the move.
- ❖ Developing a housing support crisis plan that includes prevention and early intervention services when housing is jeopardized.

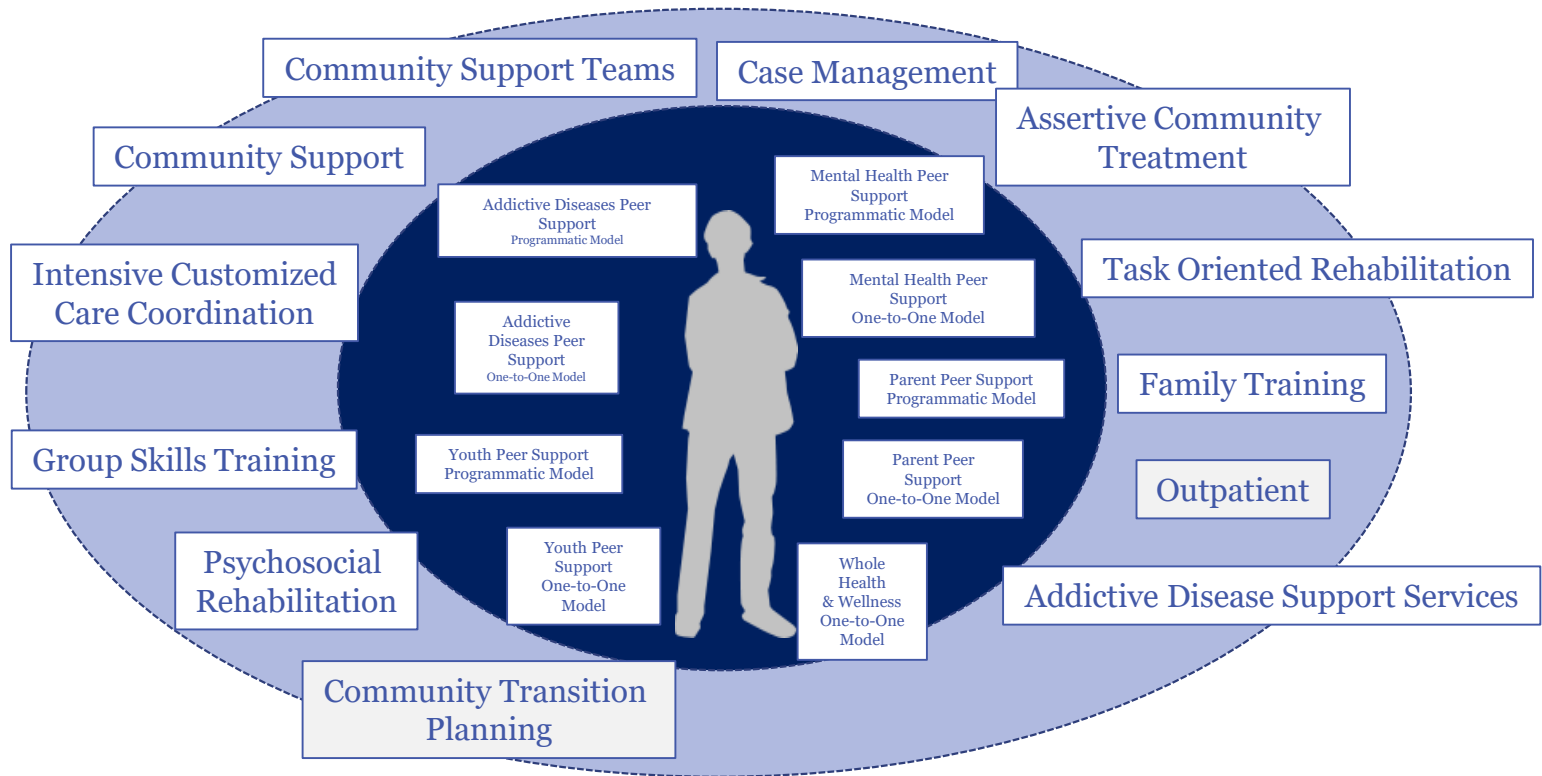
Supporting Interventions

Individual Housing & Tenancy Sustaining Services

This service is made available to support individuals to maintain tenancy once housing is secured. The availability of ongoing housing-related services in addition to other long term services and supports promotes housing success, fosters community integration and inclusion, and develops natural support networks. These tenancy support services are:

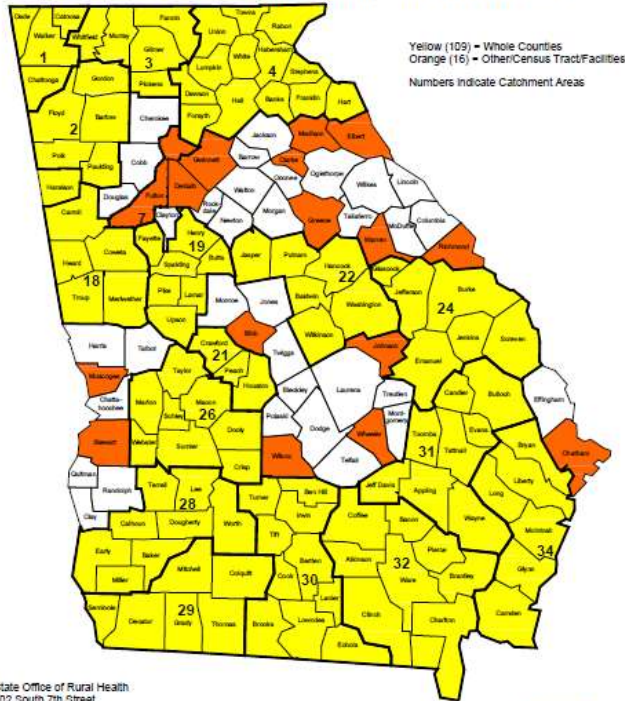
- ❖ Providing early identification and intervention for behaviors that may jeopardize housing, such as late rental payment and other lease violations.
- ❖ Education and training on the role, rights and responsibilities of the tenant and landlord.
- ❖ Coaching on developing and maintaining key relationships with landlords/property managers with a goal of fostering successful tenancy.
- ❖ Assistance in resolving disputes with landlords and/or neighbors to reduce risk of eviction or other adverse action.
- ❖ Advocacy and linkage with community resources to prevent eviction when housing is, or may potentially become jeopardized.
- ❖ Assistance with the housing recertification process.
- ❖ Coordinating with the tenant to review, update and modify their housing support and crisis plan on a regular basis to reflect current needs and address existing or recurring housing retention barriers.
- ❖ Continuing training in being a good tenant and lease compliance, including ongoing support with activities related to household management.

Georgia's Medicaid Services

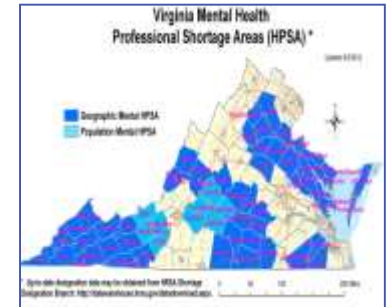


BH Workforce Issues

State of Georgia Mental Health Professional Shortage Areas (MHPSA's)



State Office of Rural Health
502 South 7th Street
Cordele, GA 31015
Ph: 229-401-3090
Source: <http://www.hrsa.gov>
January 2013



Supporting Interventions

Individual Housing Transition Services:

Housing transition services provide direct support to individuals with disabilities, older adults needing long term services and supports, and those experiencing chronic homelessness. These services are:

- ❖ Conducting a tenant screening and housing assessment that identifies the participant's preferences and barriers related to successful tenancy. The assessment may include collecting information on potential housing transition barriers, and identification of housing retention barriers.

- ❖ Developing an individualized assessment that addresses identified needs, sets measurable goals for each issue, identifies when other services are needed, and identifies when other services are reimbursed by Medicaid, may be covered by other funding sources, or are self-funded.

- ❖ Assisting with the housing application process.

CASE MANAGEMENT partners with the individual to identify and prioritize housing, service and resource needs to be included in the IRP.

- ❖ Identifying resources to cover expenses such as security deposit, moving costs, furnishings, adaptive aids, environmental modifications, moving costs and other one-time expenses.

- ❖ Ensuring that the living environment is safe and ready for move-in.

- ❖ Assisting in arranging for and supporting the details of the move.

- ❖ Developing a housing support crisis plan that includes prevention and early intervention services when housing is jeopardized.

Supporting Interventions

Individual Housing Transition Services:

Housing transition services provide direct support to individuals with mental illness, adults needing long term services and supports, and those experiencing homelessness. These services are:

- ❖ Conducting a tenant screening and housing assessment that considers the participant's preferences and barriers related to successful housing. This may include collecting information on potential housing options and the identification of housing retention barriers.
- ❖ Developing an individualized housing support plan based on the assessment that addresses identified barriers, includes specific, measurable goals for each issue, establishes the participant's role in achieving the goal, and identifies when other providers or services, both funded and not reimbursed by Medicaid, may be required to meet the goal.
- ❖ Assisting with the housing application process, including the application process.
- ❖ Identifying resources to cover expenses such as security deposits, furnishings, adaptive aids, environmental modifications, and transportation time expenses.
- ❖ Ensuring that the living environment is safe and ready for occupancy.
- ❖ Assisting in arranging for and supporting the details of the move.
- ❖ Developing a housing support crisis plan that includes procedures for intervention services when housing is jeopardized.

CASE MANAGEMENT assists the individual with referral and linkage to services and resources identified on the IRP including **housing**, social supports, family/natural supports, entitlements, income, transportation, etc. Referral and linkage activities may include assisting the individual to:

- 1) locate available resources;
- 2) make and keep appointments;
- 3) complete the application process; and
- 4) make transportation arrangements when needed.

Three Categories of Supports

Individual Housing & Tenancy

This service is made available to support individuals who are not yet housed or whose housing is not yet secured. The availability of ongoing short-term services and supports promote social inclusion, and develops natural supports.

- ❖ Providing early identification and support for housing, such as late rental payments.
- ❖ Education and training on the role, rights, and responsibilities of the tenant and landlord.
- ❖ Coaching on developing and maintaining key relationships with landlords/property managers with a goal of fostering successful tenancy.
- ❖ Assistance in resolving disputes with landlords and/or neighbors to reduce risk of eviction or other adverse action.
- ❖ Advocacy and linkage with community resources to prevent eviction when housing is, or may potentially become jeopardized.
- ❖ Assistance with the housing recertification process.
- ❖ Coordinating with the tenant to review, update and modify their housing support and crisis plan on a regular basis to reflect current needs and address existing or recurring housing retention barriers.
- ❖ Continuing training in being a good tenant and lease compliance, including ongoing support with activities related to household management.

CASE MANAGEMENT assists the individual with developing a community-based support network to facilitate community integration and maintain housing stability

Supporting Interventions

Individual Housing Transition Services

Housing transition services provide direct support to adults needing long term services and experiencing homelessness. These services are:

- ❖ Conducting a tenant screening and assessment of participant's preferences and barriers. This may include collecting information about the participant's history of housing, identification of housing retention barriers, and identifying potential housing options.
- ❖ Developing an individualized housing support plan based upon the housing assessment that addresses identified barriers, includes short and long-term measurable goals for each issue, establishes the participant's approach to meeting the goal, and identifies when other providers or services, both reimbursed and not reimbursed by Medicaid, may be required to meet the goal.
- ❖ Assisting with the housing application process. Assisting with the housing search process.
- ❖ Identifying resources to cover expenses such as security deposit, moving costs, furnishings, adaptive aids, environmental modifications, moving costs and other one-time expenses.
- ❖ Ensuring that the living environment is safe and ready for move-in.
- ❖ Assisting in arranging for and supporting the details of the move.
- ❖ Developing a housing support crisis plan that includes prevention and early intervention services when housing is jeopardized.

COMMUNITY SUPPORT TEAM engages the individual in other rehabilitation and recovery-oriented services such as Housing Supports, Residential Services, group-oriented Peer Supports, group-oriented Psychosocial Rehabilitation, Supported Employment

Supporting Interventions

Individual Housing & Tenancy Sustaining Services

This service is made available to support individuals to maintain tenancy once housing is secured. The availability of ongoing housing-related services in addition to other long term services and supports promotes housing success, fosters community integration and inclusion, and develops natural support networks. These tenancy support services are:

- ❖ Providing early identification and intervention for housing retention barriers, such as late rental payments.
- ❖ Education and training on tenant and landlord responsibilities.
- ❖ Coaching on developing and maintaining positive relationships with landlords and property managers with a goal of fostering long-term tenancy.
- ❖ Assistance in resolving disputes, preventing eviction or other adverse action.
- ❖ Advocacy and linkage with community resources to prevent eviction when housing is, or may potentially become jeopardized.
- ❖ Assistance with the housing recertification process.
- ❖ Coordinating with the tenant to review, update and modify their housing support and crisis plan on a regular basis to reflect current needs and address existing or recurring housing retention barriers.
- ❖ Continuing training in being a good tenant and lease compliance, including ongoing support with activities related to household management.

PSYCHOSOCIAL REHABILITATION provides assistance in the development of interpersonal, community coping and functional skills (which may include adaptation to home)...

Supporting Interventions

Individual Housing & Tenancy Support

This service is made available to support individuals who have not yet secured housing. The availability of ongoing long-term services and supports promotes social inclusion, and develops natural supports.

- ❖ Providing early identification and intervention for housing, such as late rental payments.
- ❖ Education and training on the rights and responsibilities of a landlord and tenant.
- ❖ Coaching on developing and managing a household with a goal of financial stability.
- ❖ Assistance in resolving disputes with landlords or neighbors to reduce risk of eviction or other adverse action.
- ❖ Advocacy and linkage with community resources to prevent eviction when housing is, or may potentially become, jeopardized.
- ❖ Assistance with the housing recertification process.
- ❖ Coordinating with the tenant to review, update and modify their housing support and crisis plan on a regular basis to reflect current needs and address existing or recurring housing retention barriers.
- ❖ Continuing training in being a good tenant and lease compliance, including ongoing support with activities related to household management.

COMMUNITY SUPPORT TEAM assists individuals with:

1. Gaining access to necessary services;
2. Managing (including teaching skills to self-manage) their psychiatric and, if indicated, co-occurring addictive and physical diseases;
3. Developing optimal independent community living skills;
4. Achieving a stable living arrangement (independently or supported)

Additional Approved Interventions

Peer Support

Support each individual to fully integrate into accepting communities in the least intrusive environment that promotes housing of his/her choice

Behavioral Health Assessment

Additional assessments should be performed or obtained by the provider if required to fully inform the services, supports, and treatment provided. These may include but are not limited to: Assessment of independent living skills;

Assertive Community Treatment

Assistance with accessing entitlement benefits and financial management skill development; and Individualized, restorative one-to-one psychosocial rehabilitation and skill development, including assistance in the development of interpersonal/social and community coping and functional skills (i.e. adaptation/functioning in home, school and work environments)

Coming Soon...SPA Approved

Community Residential Rehabilitation IV

- acute scenarios such as major depressive episode when an individual is not so critical to warrant hospitalization, but is, for instance, unable to get out of bed without encouragement or unable to muster energy/focus to manage a meal for self.
- to prevent an extreme crisis that results in a significant loss of an individual's daily functioning which could jeopardize their housing.
- utilized until an individual can regain basic management of critical daily self-care, when an illness has created a personal circumstance where there is a time-limited demand for personal care. Following a time of decompensation or during a health/behavioral health crisis, this service can be used to:
 - Provide services to an individual who requires personal care in their own home and
 - Programming should consist of services to restore and develop skills in functional activities; regain or maintain housing and tenancy, supported employment; develop or maintain social relationships.

Coming Soon...SPA Approved

Community Residential Rehabilitation IV

Service allows for the provision of housing supports that support an individual's ability to prepare for and transition to housing, such as:

- Developing housing support crisis plan and/or coordinating with the individual to review, update and modify their housing support plan and crisis plans as part of their IRP
- Early interventions for behaviors that might jeopardize housing, e.g., late rent payment, lease violations
- Personal Services including:
 - Monitor or provide individual assistance with basic daily healthy maintenance activities, meal preparation, light housekeeping, limited assistance with bathing and self-grooming,
 - Individual assistance with; self-medication; self-administration of medications, medical and health care adherence, symptom identification and management, Meal Planning, Budgeting and Money Management, Laundry, Housekeeping; Grooming & Hygiene;
 - Staff Support and Services include: assist with access to treatment services, transportation and social supports.